Boston’s Nighttime Economy

**Highlights**

- ~46,000 workers (7.1%) work night shifts
- Leisure and hospitality industries have the highest share of night shift workers (13.5%)
- Top industries with the largest number of night shift workers:
  - Hospitals (7,300+)
  - Restaurants and Bars (6,200+)
  - Schools and Colleges (4,400+)

**Boston Nighttime Movement**

Trips starting from 9pm to 1am

- North End
- Logan Airport
- Downtown
- Back Bay
- Fenway

**Nighttime Industries**

- Leisure and Hospitality and Other Services
- Trade, Transportation and Utilities
- Education and Health Services
- Government
- Construction, Manufacturing and Natural Resources
- Information, Finance and Professional and Business Services

**Top Nighttime Occupations**

<table>
<thead>
<tr>
<th>Nighttime</th>
<th>Day time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Food Service</td>
<td>13%</td>
</tr>
<tr>
<td>Healthcare</td>
<td>12%</td>
</tr>
<tr>
<td>Transportation</td>
<td>11%</td>
</tr>
<tr>
<td>Office and Administrative Support</td>
<td>9%</td>
</tr>
<tr>
<td>Grounds Maintenance</td>
<td>8%</td>
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</tbody>
</table>

Note: night shift workers refer to residents who start work between 3pm and 2am.

For more data about this topic, check out
Boston Planning & Development Agency
Research Division website
https://www.bostonplans.org/research