

BOSTON'S POPULATION PROJECTIONS: 2010 – 2050



BPDA Research Division

September, 2023

Prepared by the Boston Planning & Development Agency Research Division

Alvaro Lima, Director of Research
Christina Kim, Deputy Director of Research
Matthew Resseger, Senior Researcher/ Economist
Phillip Granberry, Senior Researcher/ Demographer
Michael Endale, Senior Researcher/ Data Scientist
Kevin Kang, Senior Research Associate/ Data Manager
Emily Korest, Research Associate
Ethan McIntosh, Research Associate
Cecilia Takacs, Research Coordinator/ Data Analyst
Camille Bergeron, Research Assistant
Christelle Nkera, Research Assistant
Mandy Zho, Research Intern

The BPDA Research Division strives to understand the current environment of the city to produce quality research and targeted information that will inform and benefit the residents and businesses of Boston. The Division conducts research on Boston's economy, population, and commercial markets for all departments of the BPDA, the City of Boston, and related organizations. The information provided in this report is the best available at the time of its publication.

All or partial use of this report must be cited. Our preferred citation is as follows: Boston Planning & Development Agency Research Division, September 2023

More research produced by the Boston Planning & Development Agency can be found on the BPDA Research Website:

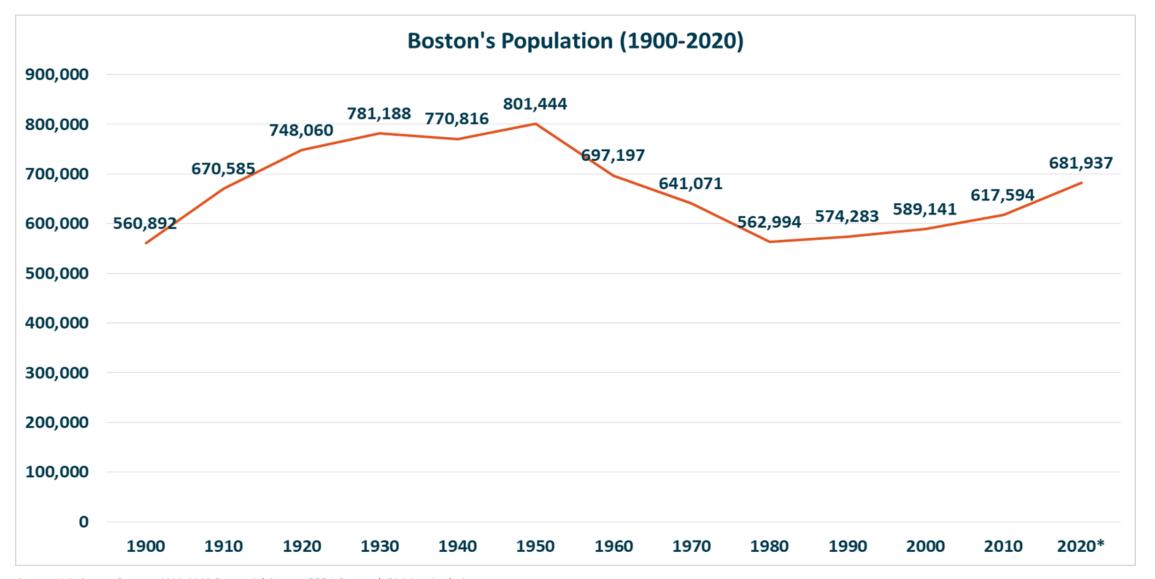
Research Publications

Research requests can be made through the BPDA Research Division's Research Inquiries.

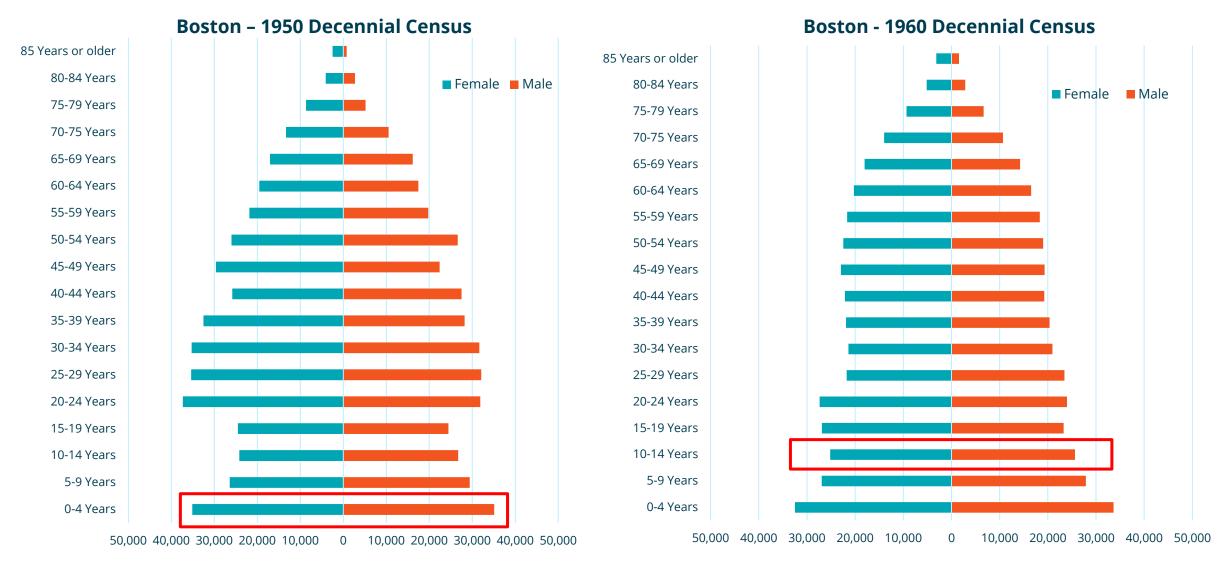
HISTORICAL POPULATION TRENDS



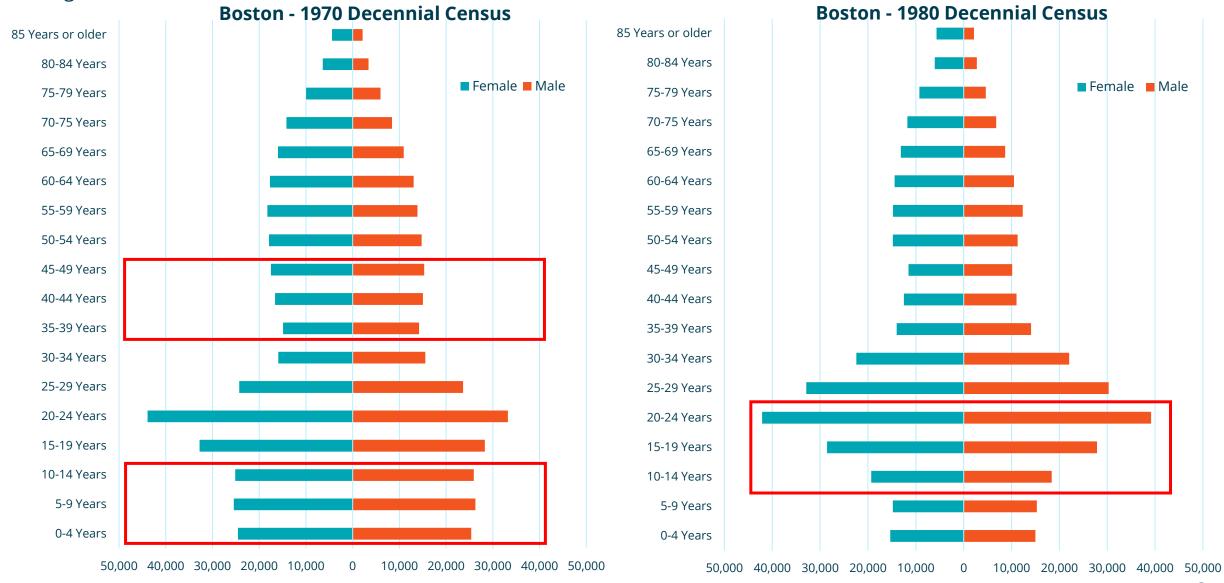
- Boston's **population rose** through the first half of the 20th century to a **peak in 1950** of 801,444 people.
- From **1950 to 1980**, Boston's **population declined** by **almost 30 percent** to 562,994.
- From 1980 to the present, Boston has experienced steady population growth.



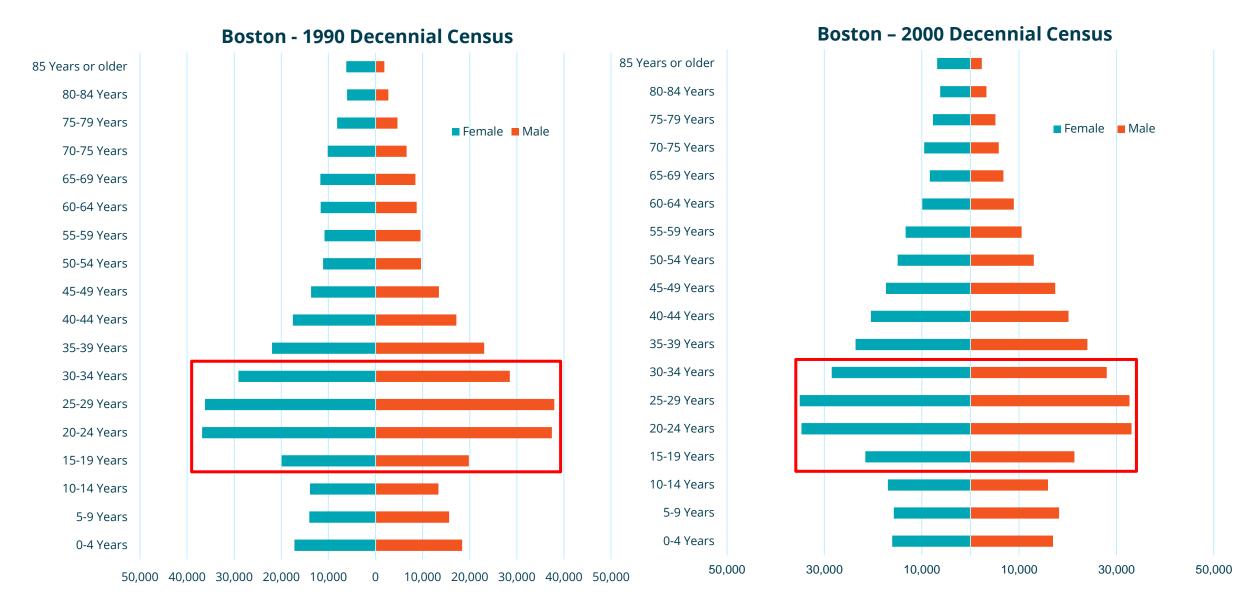
- Boston's population pyramids for **1950 and 1960** show **large numbers of young children** (the "Baby Boom"), some of whom **migrate out** of Boston **as they age**.
- For example: 70,236 0-4 year olds in 1950 became 50,812 10-14 year olds in 1960 for a net out-migration of over 25 percent.



- By **1980**, Boston's population declined to 562,994, **a 30 percent decline** from the peak in 1950.
- The **population loss** from 1970 was **particularly heavy in ages 0-14 and 35-49**, leaving a 1980 population skewed toward ages 15-34.

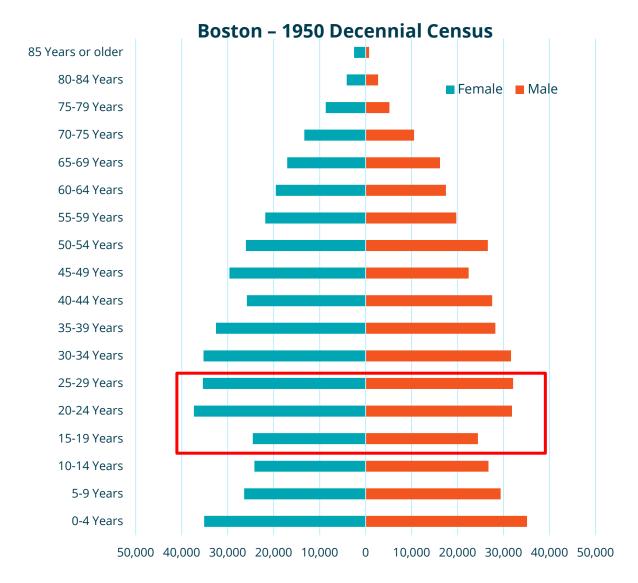


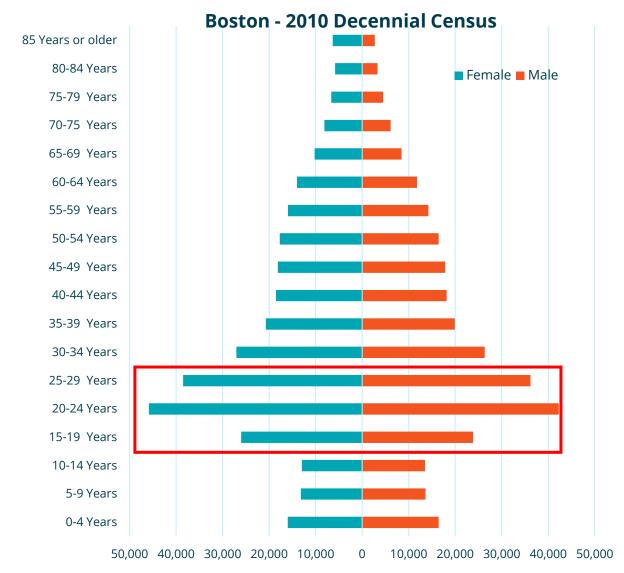
• Boston's population takes on a distinctive shape with **college enrollment** and **international migration** among the factors boosting the **young adult population**.



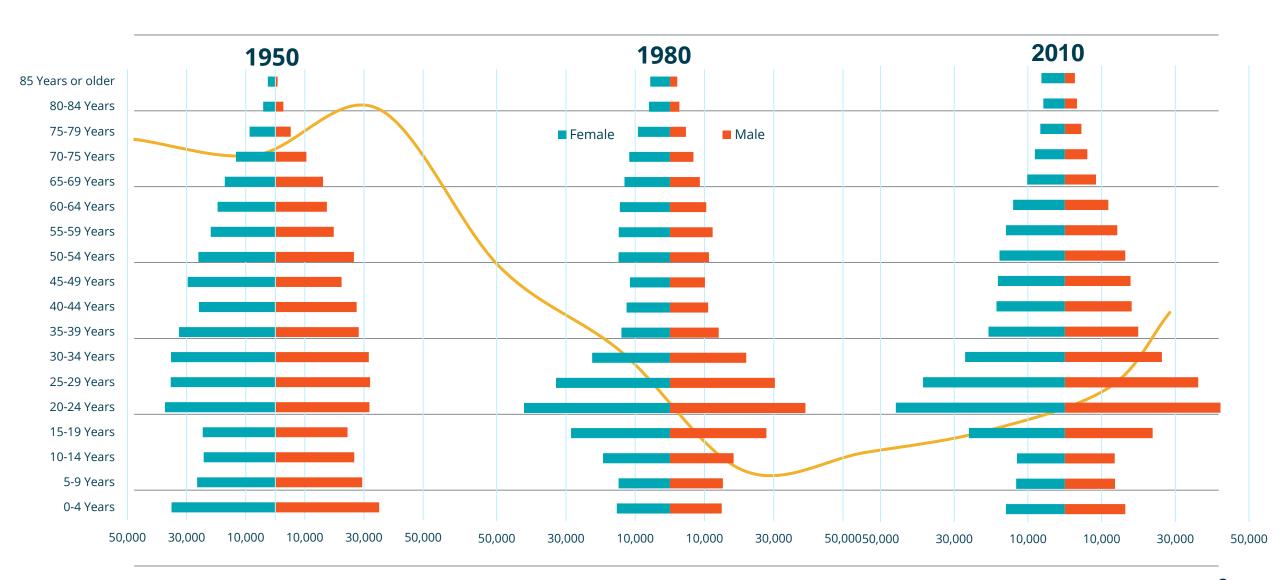
Trends in Boston's **age distribution 1950-2010**:

(1) Decreasing population from birth to 14 years old; (2) Increasing population of residents age 15-29; and (3) Decreasing population age 30+.





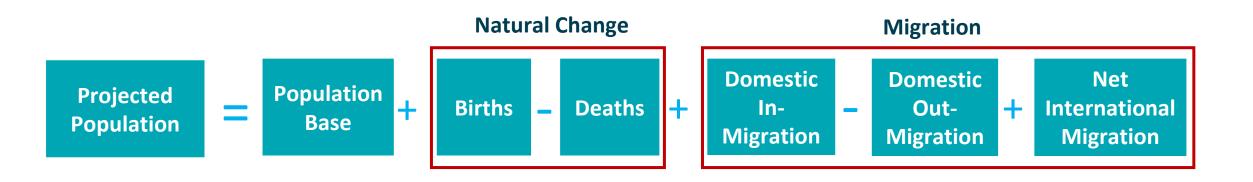
Summary of Boston's population change from 1950 to 2010



POPULATION PROJECTION METHODOLOGY



COMPONENTS OF POPULATION CHANGE

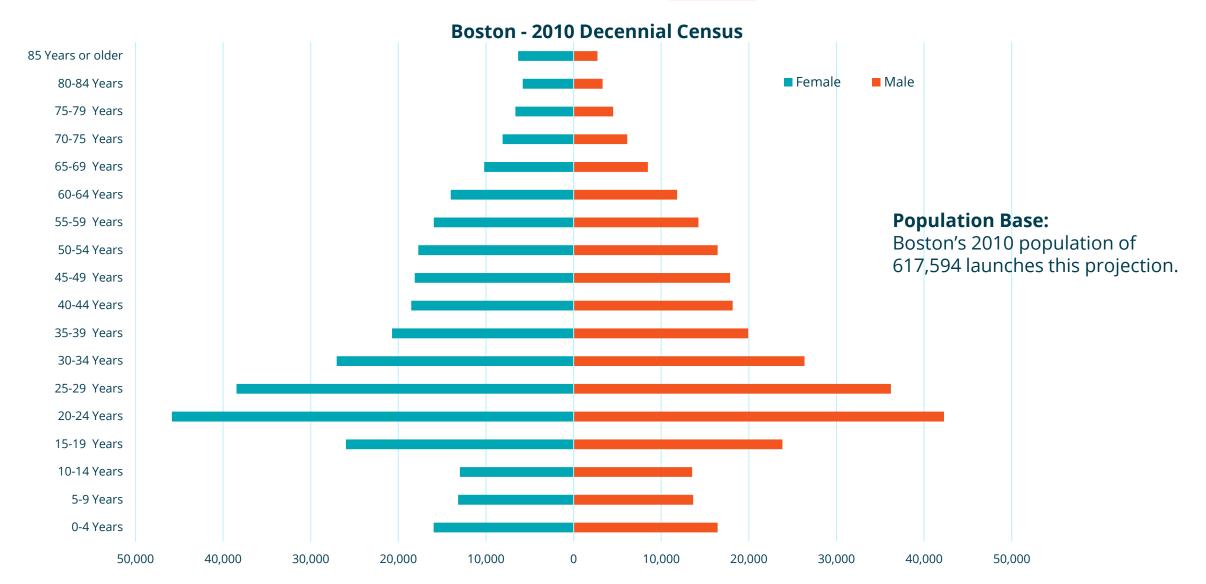




POPULATION BASE



12

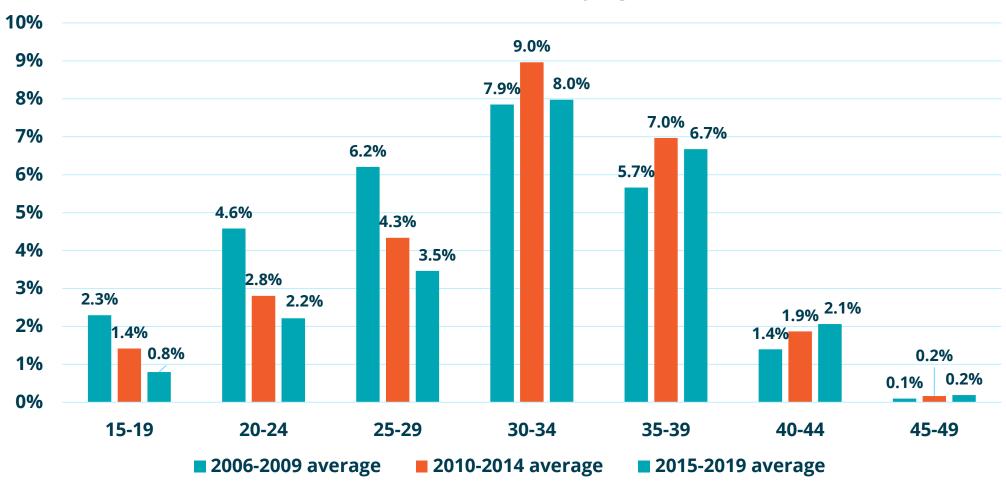


Source: U.S. Census Bureau, 2010 Decennial Census, BPDA Research Division Analysis

BIRTHS

- Projected Population Base + Births Deaths + Domestic Out-Migration + Net International Migration
- Boston has averaged 7,900 births a year since 2000.
- Overall fertility has declined slightly from 2008 and shifted to older mothers.

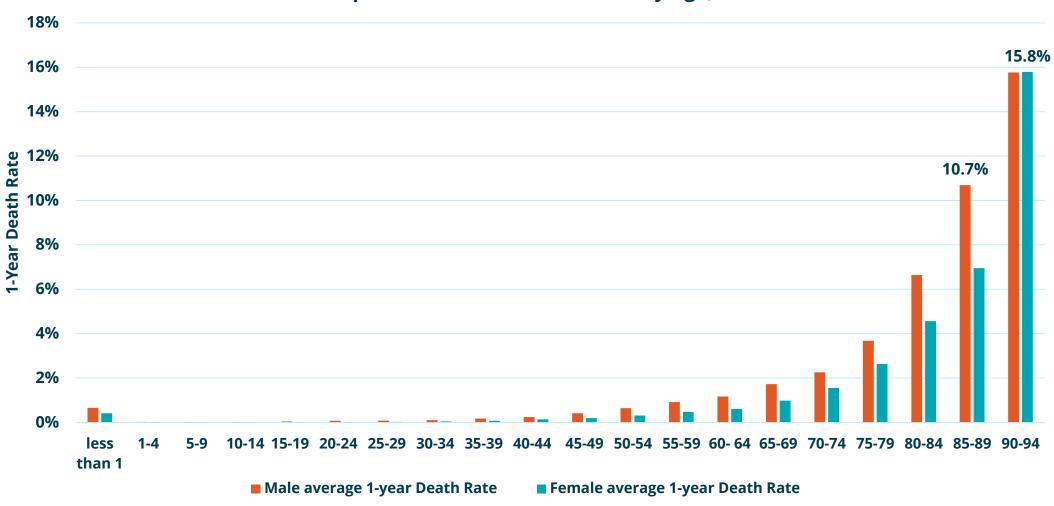
Boston's Annual Birth Rates by Age of Mother



DEATHS

Boston deaths averaged 3,758 per year from 2010 to 2019

Boston Sex Specific One-Year Death Rates by Age, 2010-2019

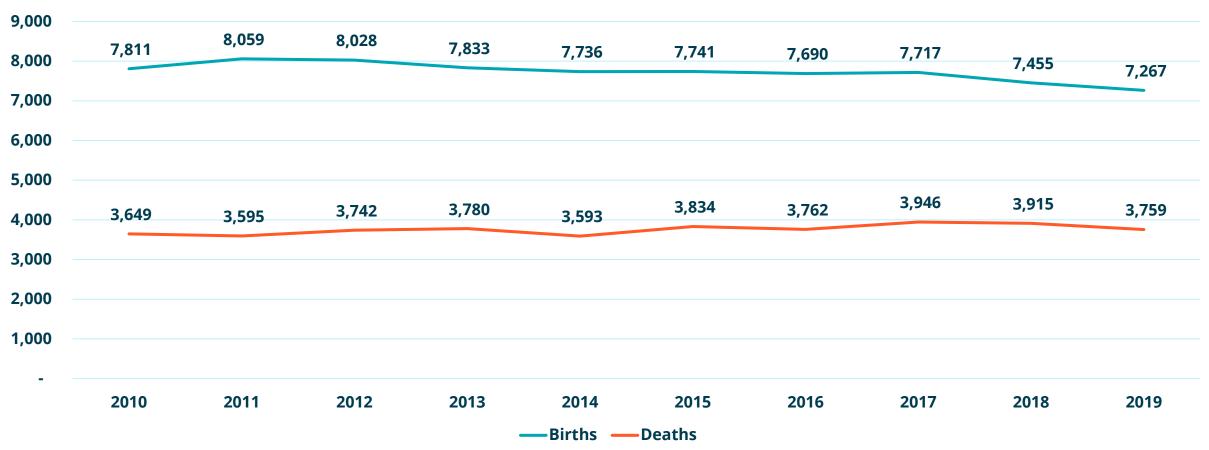


NATURAL CHANGE IN POPULATION

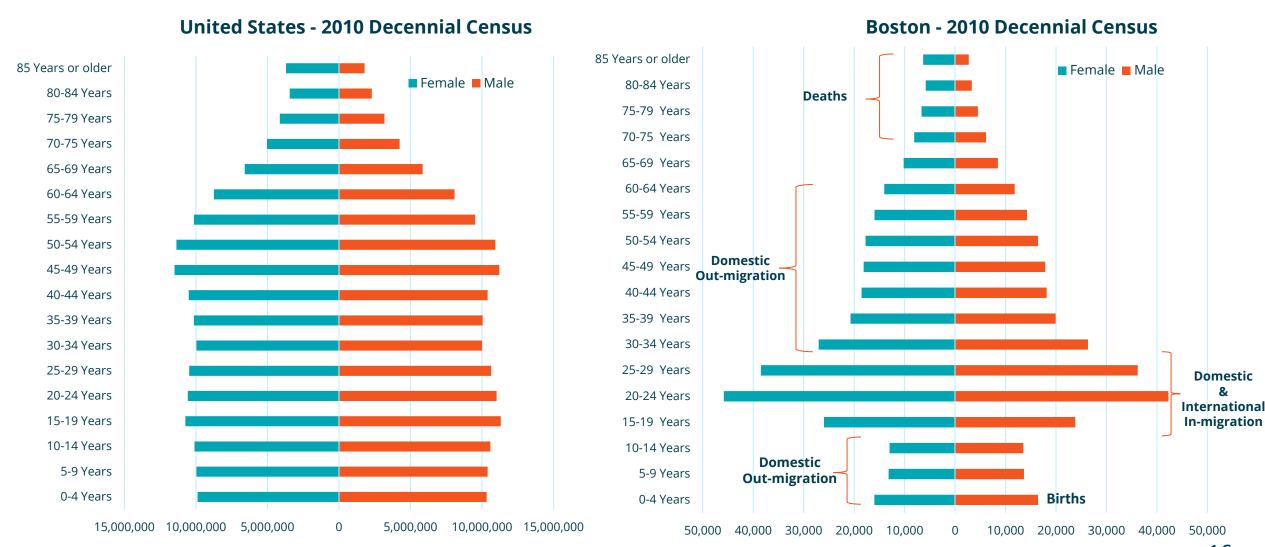


- Births outnumber deaths in Boston by about 3,400 to 4,400 a year
- In the absence of migration, Boston's population would have grown by this amount through natural change

Boston Births and Deaths, 2010-2019



- **Natural change explains the U.S. population pyramid** well: births replenish the 0-4 cohort and deaths gradually diminish the older cohorts.
- However, migration is a more important factor in Boston's population, creating a bulge in the young adult years and making projections much more difficult.



MIGRATION RATES



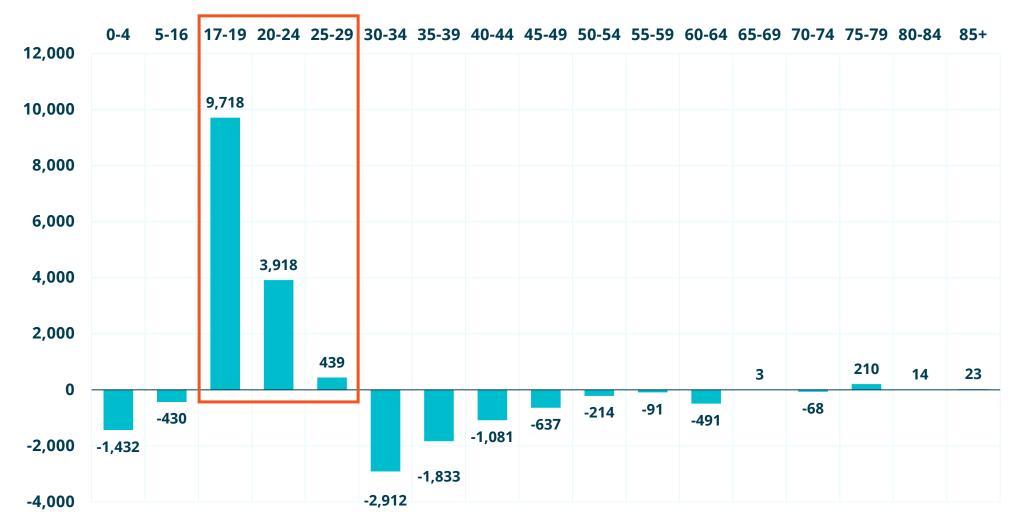
- The BPDA migration methodology measures three types of migration.
- Domestic in-migration: people who move to Boston from elsewhere in the United States.
 - Domestic in-migration rate is the percentage of the U.S. population outside of Boston that moves to Boston.
- **Domestic out-migration**: people who move from Boston to elsewhere in the United States.
 - Domestic out-migration rate is the percentage of the Boston population that moves elsewhere in the United States.
- **Net international migration**: net movement of people to Boston from other countries and from Boston to other countries.
 - Net international migration rate is the net percentage of Boston residents who moved internationally.



NET MIGRATION

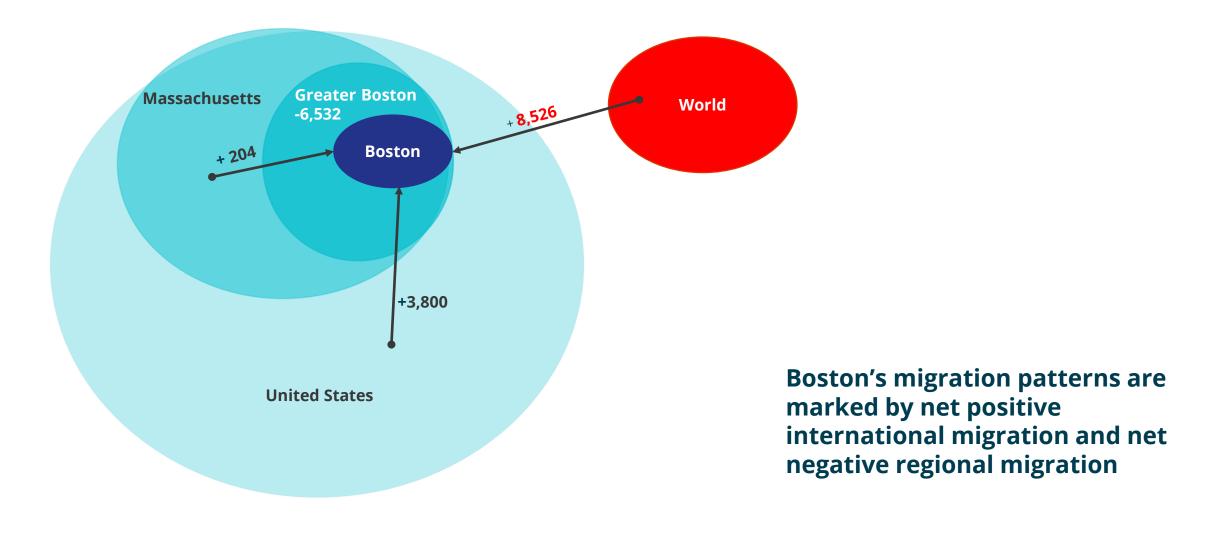


- From 2010 to 2019, Boston had a net gain on average of approximately 5,100 people per year due to migration.
- This positive net gain is due to the large influx of 17-to-29 year-olds.

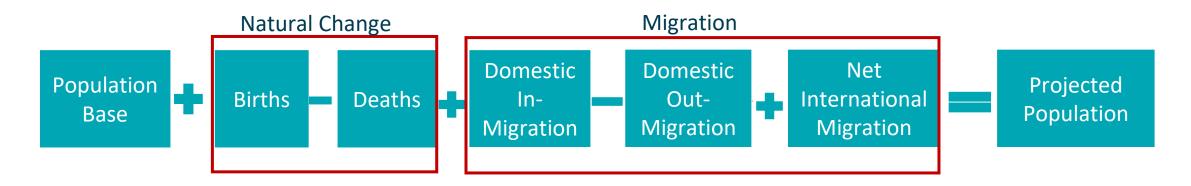


NET MIGRATION FLOWS





POPULATION PROJECTION METHODOLOGY



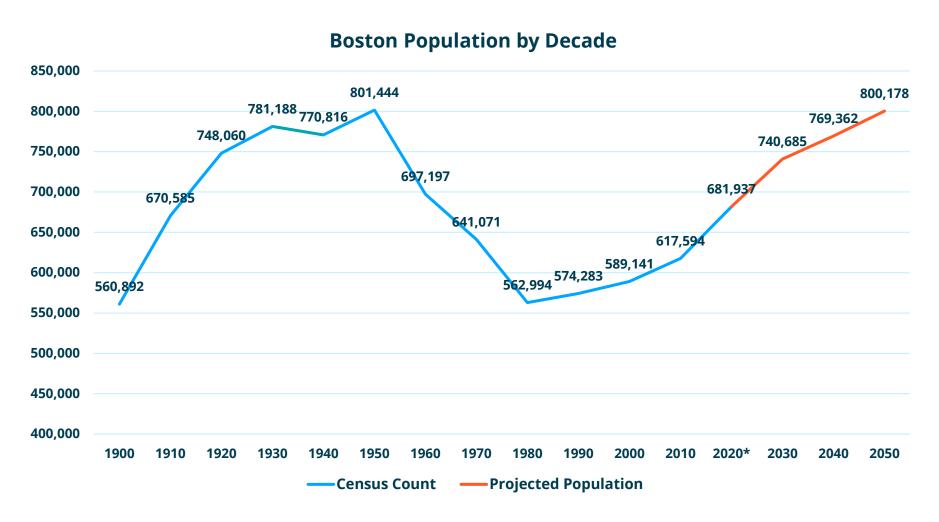
- Create age-specific fertility rates from historical birth data 2019 from Massachusetts Public Health Commission and U.S. Census and ACS population data.
- Create **age- and gender-specific survival rates** from historical death data 2015-2019 from Massachusetts Public Health Commission and U.S. Census and ACS population data.
- Create age- and gender-specific migration rates from ACS migration and population data 2010-2019.
- Apply these rates to the population base (2010 Decennial Census) to project Boston's population through 2030

POPULATION PROJECTIONS 2050



BPDA population projection methodology yields a projected Boston population of approximately 741,000 in 2030





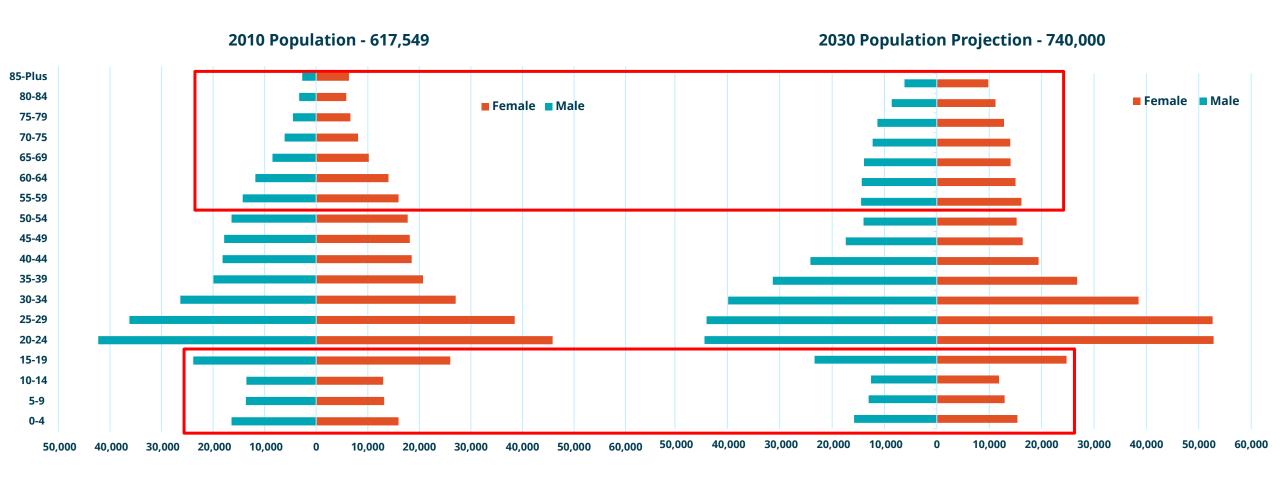
Boston's population of 681,937 in the 2020 Census accounts for its successful Post Census Group Quarter Review.

Boston has continued its growth trend from a low point in 1980.

Boston is projected to have a population of approximately 741,000 in 2030 and 800,000 in 2050.

Boston is projected to have fewer children under age 20 in 2030 than in 2010, with no growth projected through 2050. Age groups 55+ grow substantially.





Source: BPDA Research Division Analysis

BPDA PROJECTIONS ARE BASED ON MOST UP-TO-DATE DATA:

- 2010 Census from U.S. Census Bureau (Population Base)
- 2015-2019 birth and death data from Massachusetts Department of Public Health (Natural Change)
- 2010-2019 migration data from U.S. Census Bureau, American Community Surveys (Migration)

THE PROJECTIONS DATABASE AND MODEL CAN BE UPDATED
AS NEW DATA BECOME AVAILABLE

