



PEOPLE

POPULATION

- In 2025, Allston had **31,810** residents, representing **4.4%** of Boston's population.

AGE

- In 2025, **3 in 4** Allston residents were aged 18-34, compared to 42% of Boston residents citywide.

AGE GROUP DISTRIBUTION

Boston and Allston Population by Age Group, 2025

	0 - 17	18 - 34	35 - 59	60+
Boston	13.2%	42.2%	26.5%	18.1%
Allston	5.0%	76.0%	12.5%	6.4%

DIVERSITY



31.8% of Allston residents were foreign born in 2025, compared to 27.3% citywide.



36.7% spoke a language other than English at home and Chinese and Spanish were the languages most commonly spoken.

RACE/ETHNICITY DISTRIBUTION

Boston and Allston Population by Race/Ethnicity, 2025

	Asian/PI	Black/AA	Hispanic/Latino	White	Others
Boston	11.8%	18.4%	18.3%	45.2%	6.3%
Allston	25.0%	5.5%	13.0%	50.1%	6.5%

Asian/PI: Asian or Pacific Islander, Black/AA: Black or African American.

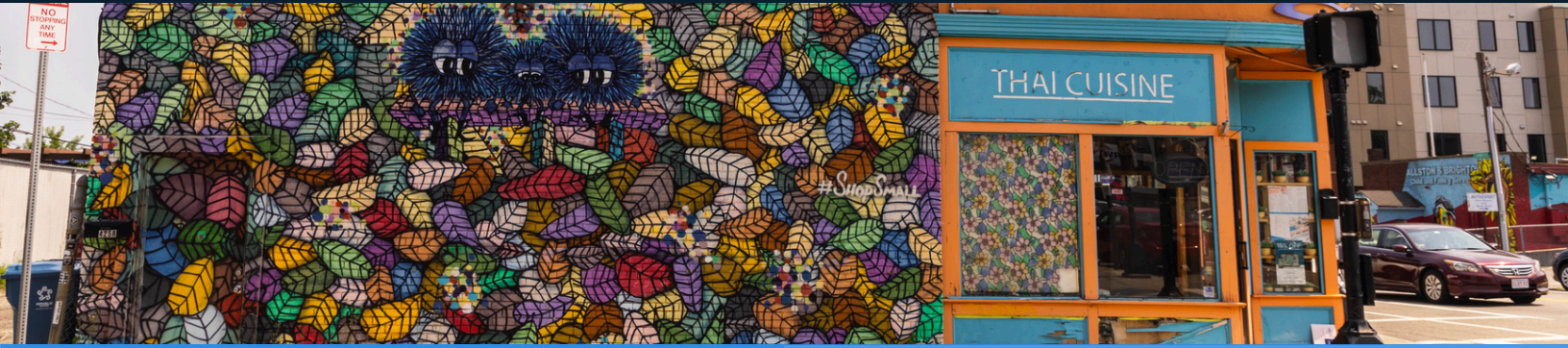
- In 2025, Allston had larger Asian or Pacific Islander and White populations relative to Boston citywide.

EDUCATION

- 73.7%** of Allston residents aged 25+ had a bachelor's degree or higher, compared to 55.7% citywide.
- 42.7%** of Allston residents were enrolled in college or university.
- 5,843** Allston students lived in dorms in 2020.

HOUSEHOLDS

- Of Allston's **11,158** households:
 - 28.4%** family households
 - 35.6%** one-person households
 - 36.1%** non-family households with 2+ people



ECONOMY

PLACE

JOBS

- In 2023, Allston had **27,985** payroll jobs, making up 3.9% of Boston's payroll jobs.
 - 71.0%** of payroll jobs were in the Educational Services industry.
 - 6.9%** were in the Accommodation and Food Services industry.

LABOR FORCE

- 5.0%** of Allston payroll workers live and work in Allston.
- 21.4%** of Allston resident workers report working primarily from home.

INCOME

- In 2025, Allston's median household income was **\$73,109**, lower than Boston's of \$94,438.

SPENDING

- Allston's 2025 in-person consumer spending was **5.1%** below 2019 levels and **4.6%** below 2024 levels.
- Allston's restaurant spending was down **18.1%** from 2019.

HOUSING UNITS BY STRUCTURE TYPE

Allston Housing Units By Number of Units in Building, 2025

1 unit	2 - 4	5 - 19	20 - 49	50+
7%	21%	27%	20%	24%

HOUSING

- Of the **11,758** housing units in Allston:



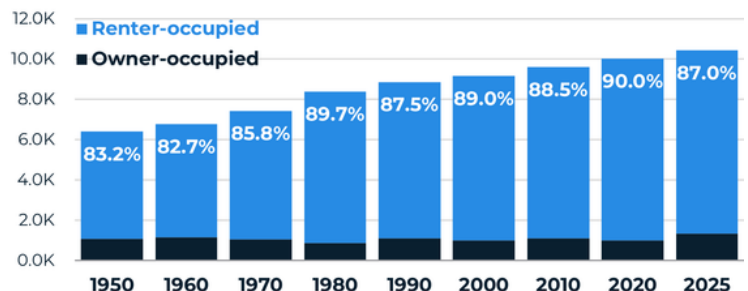
- 42.5%** 0-1 bedrooms
- 32.1%** 2 bedrooms
- 25.4%** 3+ bedrooms

RENTERS AND OWNERS

- 87.0%** of housing units were renter-occupied, compared to 64.4% of units citywide.
- In 2024, median asking rent for market-rate 2-bed apartments was **\$2,885** in Allston and \$3,200 citywide.

ALLSTON HOUSING UNITS BY TENURE

1950 - 2025





MOBILITY

VEHICLES

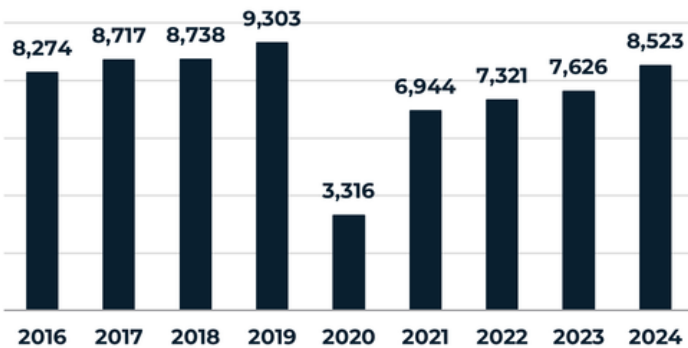
 **51.0%** of Allston households had 0 vehicles.

TRANSPORTATION

- In 2025, to get to work:
 - **29.1%** of Allston resident workers drove or carpoled, **25.6%** took public transit, **15.9%** walked, and **8.0%** took a bike, taxicab, motorcycle, or other means.
- In 2024, Fall bus ridership for an average weekday in Allston was **91.6%** of its level in Fall 2019, which was its highest level in the last decade.

DAILY BUS BOARDINGS IN ALLSTON ON WEEKDAYS

Average Weekday Bus Boardings at Allston Bus Stops, Fall 2016 - Fall 2024

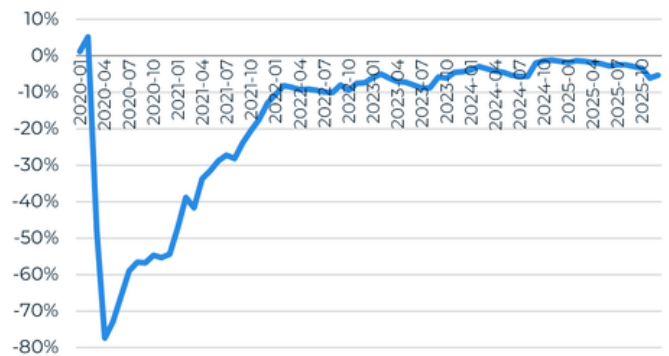


VISITS

- Monthly visits to Allston saw a sharp pandemic-related drop in the spring months of 2020.
- In 2022, visits began to approach levels within 10% of pre-pandemic months.
- By 2024, visits to Allston were down 3.6% from their level in 2019.
- Visits in 2025 were 2.9% lower than in 2019.

MONTHLY VISITS* TO ALLSTON COMPARED TO 2019

Visits* Relative to the Same Month in 2019, Jan 2020 - Dec 2025



*Visits are defined as crossings from outside to inside Allston boundaries. Event-related visitation peaks are not included.

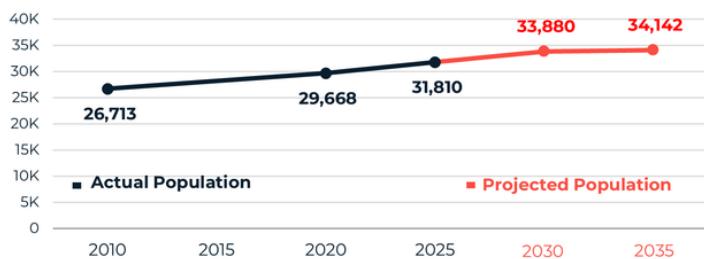


TRENDS

POPULATION GROWTH

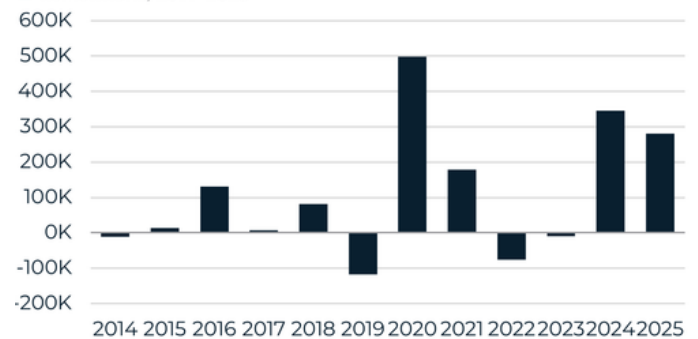
- Between 2010 and 2025, Allston's population grew by **1.2%** per year.
- Growth is projected to slow to **~0.8%** per year through 2035.

ALLSTON POPULATION CHANGE
Population Change of Allston, 2010-2035



NON-RESIDENTIAL COMPLETION PERMITS

Non-residential square footage completed in Allston, net of demolitions, 2014-2025

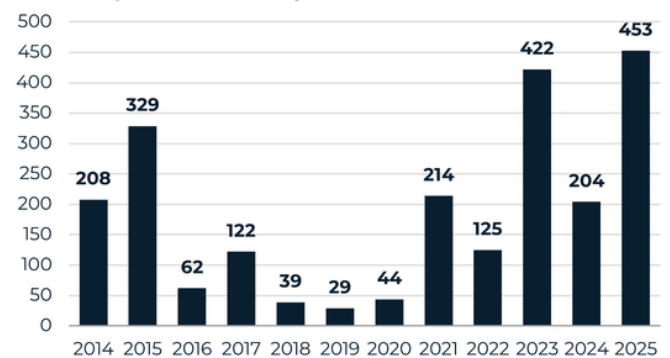


REAL ESTATE DEVELOPMENT

- From 2020 to 2025:
 - **1,219,559** net new square feet of non-residential was completed.
 - **1,462** net new units of housing were completed.

TOTAL HOUSING UNITS COMPLETED

Units completed in Allston, net of demolitions 2014-2025



LEARN MORE

Learn more about Boston's neighborhoods with the Research Division's interactive tools:

- www.bostonplans.org/research/mydemographic-viewer
- www.bostonplans.org/research/exploring-neighborhood-change

For more resources, including reports, interactive tools, and more, scan the QR Code!

